

# <u>Workshop On:</u> POSTURE AND ITS IMPACT ON FEEDING AND SPEECH

## Course Dates - 25<sup>th</sup> to 27th of May 2018 Course Venue:S-Block, Gurudwara Nanaksar Premises Greater Kailash-II, New Delhi 48

#### **PRESENTERS:**



JANE STYER – ACEVEDO PT, DPT, C/NDT Pediatric NDT Course Coordinator Instructor



THERESE McDERMOTT- WINTER MHS, C/NDT CCC-Speech Language Pathologist

#### **PRESENTERS BIO**

Jane Styer-Acevedo, PT, DPT, C/NDT is Senior Adjunct Faculty at Arcadia University, teaching in the Physical Therapy Department, and maintains a clinical practice, treating individuals through the lifespan with neurological challenges. She is a master clinician in the areas of pediatrics, neurology, and therapeutic aquatics and has been teaching continuing education workshops, nationally and internationally since 1983. Jane's scope of teaching includes aquatic and "land-based" courses in Australia, Europe, Asia, India, Africa, and North, Central, and South America. She is currently Chair of the Neuro-Developmental Treatment Association (NDTA) Instructor Group and an Active Pediatric Coordinator Instructor for the NDTA, teaching continuing education courses of varying lengths related to the NDT Practice Model. Jane excels in the problem-based approach to promoting functional shifts for an individual through therapeutic intervention from the acute phase, through rehabilitation, and community entry or re-entry towards lifelong participation, health and fitness.

Therese McDermott-Winter, MHS, CCC-SLP, C/NDT is a Speech/Language Pathologist with over 30 years of experience specializing in the assessment and treatment of infants and children with neuromotor feeding/swallowing, speech production disorders and language impairments associated to their neurological diagnosis. Therese is a certified Advanced Speech Instructor in Neuro-Developmental Treatment (NDT), assisting and teaching in many courses/seminars nationally and internationally. These include the NDTA Pediatric Certification and Baby Courses, as well as short courses covering topics of NDT, pediatric feeding/swallowing and treatment of the rib cage for functional improvement in respiration/phonation. Currently in private practice, she enjoys the opportunity for working with children and their families in their home environments.

#### WORKSHOP AUDIENCE

- Physical Therapists
- Occupational Therapists
- Speech and Language Pathologists
- Special Educators
- ABA Therapists
- Parents and Caregivers
- People with NM challenges

#### **COURSE CONTENT**

- This course, with content based upon Neuro-Developmental Treatment (NDT) concepts, principles and practice model, will explore the relationship between postural control, alignment and function as these components relate to feeding, swallowing and respiratory/phonatory skills. The dynamic integration of the multiple systems (including respiratory, postural and gastrointestinal) is more essential to improving skills in these areas than oral motor treatment alone.
- Case studies will be used to demonstrate use of this model of assessment, with application to treatment planning. A strong emphasis of this course will be upon treatment, and use of this problem-solving approach in optimizing our effectiveness in achieving improved feeding/swallowing and speech function in children with cerebral palsy and other neuromotor disorders.
- Lecture, facilitation labs/experiences, case studies and treatment demonstration will be utilized within this course to enhance learning.

#### OUTCOMES FROM THE COURSE

- Demonstrate understanding of the characteristics of postural control and the steps for preparing and facilitating it in treatment towards functional goals.
- Apply NDT concepts/principles to the treatment of functional limitations in feeding, swallowing and phonation/speech production (prioritizing impairments, establishing treatment sequence, problem solving).
- Learn specific treatment strategies to address issues of alignment, postural activity, active oral mobility and graded control to improve feeding and respiratory/phonatory skills in pediatric patients with neuromotor disorders.

#### **REGISTRATION FEE**

## Early bird registration before 26th of March 2018 - INR 18,000/-

Registration after 26th March – INR 22,000/-

Student discounts available, with bulk registration of 5 and above. Please contact for more details.

#### For Registrations, Contact

My Whole Child, Centre for Children with Special Needs S Block. Gurudwara Nanaksar Premises Near Arya Samaj Mandir Greater Kailash-2 Delhi- 110048

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